



Worksheet No. 3: Dye Recipes

INDIGO

Indigo can be dyed on its own or with the use of mordants; It can be overdyed with another color, but depending on what dyestuff you use, it might require mordant.

- Dye liquid needs to be alkaline (ph 9 or 10)
- Any oxygen must be removed
- Do not stir or agitate the vat
- Temperature of the water should be kept at 104F (40C)

Making the vat

- 1. Fill water, dissolve three tablespoons of sugar and two tablespoons of yeast; leave until solution begins to froth and bubble
- 2. Dissolve in another container 1-2 tablespoons of washing soda in some warm water, mix in two or three teaspoons of indigo powder; Mix well!
- 3. Stir paste into yeast solution, keep warm [do not exceed 120F (50C)]; let it stand for at least 48 hours for it to turn into "indigo white."

Dyeing

- 1. Gently place fabric in the vat (avoid introducing air, have it fully immersed)
- 2. Leave it in the vat
- 3. Remove fibers very gently, make sure that they do not drip into the vat
- 4. Plunge into a bowl of clear water to rinse it
- 5. Then expose it to oxygen